

What is the 54 Day Novena?

Origin

Originated in the late 19th century in Naples, Italy, the 54 Day Novena is attributed to a young girl suffering from an illness thought to be incurable. Calling on Mary for help, Mary appeared to her and promised her healing if she prayed three novenas. The girl did so and was miraculously healed. In a later apparition, Mary specified that the full prayer should have 3 novenas in petition, and 3 novenas in thanksgiving.

“Hail, Queen of the Most Holy Rosary, my Mother Mary, hail!”

The petition

The 54 Day Novena is a beautiful devotion that consists of saying a Rosary for 54 days in a row (with a few extra prayers within the Rosary). A novena means praying 9 days in a row, so the 54 Day Novena is, in essence, 6 novenas: the first 3 novenas over the first 27 days are said in petition – asking Mary for her prayers for a particular intention. The remaining 3 novenas said over the last 27 days are in thanksgiving, whether or not you received what you brought to prayer.

Breakdown of the novena: 54 days

6 novenas: 3 in petition (27 days), 3 in thanksgiving (27 days)

3 sets of mysteries:

For each novena you will say each set of mysteries 3 times in this order: Joyful, Sorrowful, Glorious — Joyful, Sorrowful, Glorious — Joyful, Sorrowful, Glorious.

The Luminous mysteries were not around when the 54 Day Novena started — though they can be added as you desire.

Our Novena Intention: “For a successful and fruitful Discover Christ program starting April 10, 2024, in our parish.”

Prayed between Feb 16 and April 9:

- Rosary for Petition Pray: Feb 16 to Mar 13
- Rosary for Thanksgiving Prayed: Mar 14 – Apr 9.

How to Pray the 54 Day Novena?

This Novena can be prayed using the Original Mysteries of the Rosary, Joyful, Sorrowful, Glorious Mysteries, or you may add the Luminous mysteries. Novena Praying options:

- The traditional method for praying Novena is to begin with Joyful Mysteries, next day Sorrowful, then Glorious and repeat the cycle.
- To include the Luminous Mysteries, then can be inserted after the Joyful Mysteries and continue the cycle or after the Glorious Mysteries as you desire.
- Or you may pray Novena per the Mystery associated with the day in the week as normal.

Notes:

1. For this Novena there are Opening and Closing Prayers depending on Petition or Thanksgiving along with an additional short prayer for each mystery.
2. Use may us the Hallow App to pray the Novena or use this document as a guide. Hallow App does not include the Luminous Mysteries.
3. The Luminous Mysteries prayers are located at the end of this document

Joyful Mysteries

Opening prayer

The first 27 days are in petition:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee, thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The second 27 days are in thanksgiving:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses, snow white buds to remind thee of thy joys, each bud recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, Dispenser of God's graces. and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be

During each mystery, there is a unique prayer after each decade:

1. The Annunciation – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these snow-white buds with a petition for the virtue of humility and humbly lay this bouquet at thy feet.
2. The Visitation – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these snow-white buds with a petition for the virtue of charity and humbly lay this bouquet at thy feet.
3. The Nativity – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these snow-white buds with a petition for the virtue of detachment from the world and humbly lay this bouquet at thy feet.
4. The Presentation – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these snow-white buds with a petition for the virtue of purity and humbly lay this bouquet at thy feet.
5. Finding the Child Jesus in the Temple – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these snow-white buds with a petition for the virtue of obedience to the will of God and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

In petition (first 27 days): Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me my request.

In thanksgiving (last 27 days): Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for my request which thou in thy love hast obtained for me.

Sorrowful Mysteries

Opening Prayer

The first 27 days are in petition:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The second 27 days are in thanksgiving:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses blood red roses to remind thee of the passion of thy divine Son, with Whom thou didst so fully partake of its bitterness each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be

During each mystery, there is a unique prayer after each decade:

1. The Agony in the Garden – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these blood red roses with a petition for the virtue of resignation to the will of God and humbly lay this bouquet at thy feet.
2. The Scourging at the Pillar – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these blood red roses with a petition for the virtue of mortification and humbly lay this bouquet at thy feet.
3. The Crowning with Thorns – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these blood red roses with a petition for the virtue of humility and humbly lay this bouquet at thy feet.
4. The Carrying of the Cross – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these blood red roses with a petition for the virtue of patience in adversity and humbly lay this bouquet at thy feet.
5. The Crucifixion – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these blood red roses with a petition for the virtue of love of our enemies and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

In petition (first 27 days): Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me (specify request).

In thanksgiving (last 27 days): Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for (specify request) which thou in thy love hast obtained for me.

Glorious Mysteries

Opening Prayer

The first 27 days are in petition:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I humbly kneel to offer thee a Crown of Roses, full-blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee, each rose recalling to thee a holy mystery, each 10 bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces, and Mother of all who invoke thee! Thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my petition; from thy bounty thou wilt give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of thee. Show thyself my Mother!

The second 27 days are in thanksgiving:

Hail, Queen of the Most Holy Rosary, my Mother Mary, hail! At thy feet I gratefully kneel to offer thee a Crown of Roses full blown white roses, tinged with the red of the passion, to remind thee of thy glories, fruits of the sufferings of thy Son and thee each rose recalling to thee a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God s graces, and Mother of all who invoke thee! thou canst not look upon my gift and fail to see its binding. As thou receivest my gift, so wilt thou receive my thanksgiving; from thy bounty thou hast given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of thee, and thou hast truly shown thyself my Mother.

The Apostles' Creed, Our Father, 3 Hail Marys, Glory Be

During each mystery, there is a unique prayer after each decade:

1. The Resurrection – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these full-blown roses with a petition for the virtue of faith and humbly lay this bouquet at thy feet.
2. The Ascension – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these full-blown roses with a petition for the virtue of hope and humbly lay this bouquet at thy feet.
3. The Descent of the Holy Spirit – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these full-blown roses with a petition for the virtue of charity and humbly lay this bouquet at thy feet.
4. The Assumption of Mary – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these full-blown roses with a petition for the virtue of union with Christ and humbly lay this bouquet at thy feet.
5. The Coronation of the Blessed Mother – Our Father, 10 Hail Marys, Glory Be.
Concluding Prayer: I bind these full-blown roses with a petition for the virtue of union with thee and humbly lay this bouquet at thy feet.

Hail Holy Queen

Closing Prayer

In petition (first 27 days): Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me (specify request). Hail Mary ...

In thanksgiving (last 27 days): Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for (specify request) which thou in thy love hast obtained for me.

Luminous Mysteries

Opening Prayer:

The first 27 days are in petition:

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly kneel to offer you a crown of bright-yellow roses, to remind you of the ministry of your Son and you – each rose recalling to you a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces and Mother of all who invoke you! You cannot look upon my gift and fail to see its binding. As you receive my gift, so will you receive my petition; from your bounty you will give me the favor I so earnestly and trustingly seek. I despair of nothing that I ask of you. Show yourself my Mother!

The second 27 days are in thanksgiving:

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I gratefully kneel to offer you a crown of bright-yellow roses, to remind you of the ministry of your Son and you – each rose recalling to you a holy mystery; each ten bound together with my petition for a particular grace. O Holy Queen, dispenser of God's graces and Mother of all who invoke you! You cannot look upon my gift and fail to see its binding. As you receive my gift, so will you receive my thanksgiving; from your bounty you have given me the favor I so earnestly and trustingly sought. I despaired not of what I asked of you, and you have truly shown yourself my Mother.

Apostles' Creed, Our Father, 3 Hail Marys and Glory Be.

1. The Baptism of Jesus in the Jordan River: Our Father, 10 Hail Marys, Glory Be
Concluding Prayer: I bind these bright-yellow roses with a petition for the virtue of openness to the Holy Spirit and humbly lay this bouquet at your feet.
2. The Wedding of Cana: Our Father, 10 Hail Marys, Glory Be
Concluding Prayer: I bind these bright-yellow roses with a petition for the virtue of manifestation through faith and humbly lay this bouquet at your feet.
3. The Proclamation of the Kingdom of God: Our Father, 10 Hail Marys, Glory Be
Concluding Prayer: I bind these bright-yellow roses with a petition for the virtue of trust in God and humbly lay this bouquet at your feet.
4. The Transfiguration: Our Father, 10 Hail Marys, Glory Be
Concluding Prayer: I bind these bright-yellow roses with a petition for the virtue of desire for holiness and humbly lay this bouquet at your feet.
5. Institution of the Eucharist: Our Father, 10 Hail Marys, Glory Be
Concluding Prayer: I bind these bright-yellow roses with a petition for the virtue of adoration of the Eucharist and humbly lay this bouquet at your feet.

Hail Holy Queen

Closing Prayer

In petition (first 27 days): Sweet Mother Mary, I offer thee this spiritual communion to bind my bouquets in a wreath to place upon thy brow. O my Mother! Look with favor upon my gift, and in thy love obtain for me (specify request). Hail Mary ...

In thanksgiving (last 27 days): Sweet Mother Mary, I offer thee this Spiritual Communion to bind my bouquets in a wreath to place upon thy brow in thanksgiving for (specify request) which thou in thy love hast obtained for me.